from **REACTION** to **ACTION**

REACTION	ACTION
is EMOTIONAL	is THOUGHTFUL
is based on UNTESTED ASSUMPTIONS	requires keeping an OPEN MIND
generates MORE REACTIONS	engages others
is not productive (and may be destructive)	es CREATIVE
often does NOT lead to positive solucions	leads to SOLUTIONS





What are the basic strategies?	Key points to remember
Ask Questions	Ask with curiosity – don't assume that you already know the answer
Reflect	What is important to me? Is this part of a larger problem (pattern, system)? Who should I speak to first?
Engage Others	 Start close to the situation, work your way up and out as needed How should I open this conversation? Assume positive intent Look for common ground Approach others as potential partners
Keep an OPEN MIND	About other peopleAbout what the "problem" isAbout what the solution (or solutions) might be



